

COURAGEOUS

10 STRATEGIES for THRIVING
in a HOSTILE WORLD

DR. ROBERT JEFFRESS

Group Discovery Questions

SURVIVAL TIP #5: TRUST YOUR TRAINING

1. As the saying goes, “Practice makes perfect.” Think of something you’ve done in life that required practice, such as learning an instrument, playing sports, speaking another language, etc. How did the time you spent in practice help you perform when needed?
2. How would you describe the number of verses you have committed to memory: a lot, a little, none at all? Can you think of at least one Bible verse you know by heart? If so, say it out loud.
3. What experiences or images come to mind when you think of “memorizing”? Give examples.
4. What is something you memorized as a child that you can still recall today?
5. What are some of your daily routines (such as getting ready or driving to work) that you do by memory, perhaps without realizing it?
6. If you didn’t have access to the Bible or the Internet, how much of God’s Word would you carry in your heart?
7. What phrases did Moses use to describe God’s Word in Deuteronomy 32:47? How does this verse affect your perspective of the Bible and your desire to study it?

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Personal Application Questions

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1. Read 2 Corinthians 10:5. What do you think it means to “[take] every thought captive to the obedience of Christ”?
2. Martin Luther compared lustful thoughts and temptations to birds flying over your head. What are some of the wrong thoughts that “fly over your head”? Do you sometimes allow these thoughts to linger in your mind and even act on them? Based on what you learned in this chapter, what can you do to keep these wrong thoughts from “nesting in your hair”?
3. Do you have a scheduled time and plan for memorizing Scripture? If so, what is your routine? If not, pick a time when you are mentally alert and set a regular appointment to meet with God. Add your scheduled time on your calendar and commit to doing it every day this week.
4. One of the best ways to memorize Scripture is to read the verse out loud. Look up Psalm 119:9 and read it out loud. What did you learn from this experience?
5. Another method of memorization is to write out the verses you are working on. Find some paper and write out Psalm 119:11.
6. Underlining key words and phrases is helpful when memorizing verses. On your paper, write out Psalm 119:103. Then underline the repeated word.
7. Another way to memorize verses is by drawing a picture to represent the verse. Read Psalm 119:105 and then use your paper to illustrate the verse.