

# COURAGEOUS

10 STRATEGIES for THRIVING  
in a HOSTILE WORLD

DR. ROBERT JEFFRESS

## Group Discovery Questions

### **SURVIVAL TIP #9: HELP OTHERS**

1. How does helping others during difficult times keep us from giving in to a victim mentality?
2. Do you think helping others comes naturally or easily to most of us? Why or why not?
3. Read Luke 10:30-37. What did you learn from the parable of the good Samaritan regarding Jesus's attitude about helping others?
4. Read Romans 12:10. What attitude should believers have toward helping others?
5. What would "helping others" look like in our regular, everyday lives? Think of some practical ways Christians can demonstrate thoughtfulness and servanthood toward the people we encounter as we go about our daily routines.
6. Paul said in Philippians 2:3, "With humility of mind regard one another as more important than yourselves." Does that mean God doesn't want us to take care of ourselves and our families? Explain your answer.
7. This chapter described how Barnabas gave generously to help meet the needs of those in his congregation. Read Acts 20:35. In what ways can generosity be its own reward?
8. Discuss the following quote on Ronald Reagan's desk: "There is no limit to what a man can do or where he can go if he doesn't mind who gets the credit." Do you agree or disagree?

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## Personal Application Questions

### SURVIVAL TIP #9: HELP OTHERS

1. Read Matthew 5:42 and 23:11–12. In these verses, what did Jesus say about helping others? How can you put Jesus's words into practice this week?
2. We are never more like Jesus than when we look for opportunities to help others. What are some simple, practical ways you can serve others this week by placing their needs and interests ahead of your own?
3. In what ways have you observed that “selfishness leads to a small life”?
4. Read Philippians 2:3. What should your attitude be toward selfishness?
5. Paul said, “Do not merely look out for your own personal interests, but also for the interests of others” (Philippians 2:4). What do you think it means to look out for the interests of others?
6. Do you tend to define others by their failures, or do you see the potential for their future? Is there somebody you know who could benefit from a second chance? If so, will you take the risk to help that person?
7. Think of someone in your life whom you can encourage and help. How can you be a “Barnabas” to that person?
8. Should we ever refuse to help people? Explain when it would be foolish to help someone versus helping a person who is in real need. How can we find the balance between justice and grace when it comes to helping others?